



Discussion Guide

May 14-15, 2016



“Encourage One Another” - Pastor Jeremy Oldenburger
1 Samuel 30:1-6

1. Understand the _____ for encouragement.

- The _____ of our world.
- The _____ of life.
- The _____ of God's people. *1 Thessalonians 5:11; Hebrews 3:12-13*

2. Keep _____ encouraged.

- Spend time _____ by God. *1 Samuel 30:6*
- Spend time _____ encouraging _____. *Hebrews 10:24-25*
- Spend time _____.

A generous person will prosper; whoever refreshes others will be refreshed. Proverbs 11:25 (NIV)

3. Use _____ that will encourage others. *1 Thessalonians 2:11-12*

Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. Ephesians 4:29 (NIV)

T: Is it _____?

H: Is it _____?

I: Is it _____?

N: Is it _____?

K: Is it _____?

How do I live this out?

- > Develop a _____ to keep yourself encouraged.
- > Encourage _____ this _____.

1. Encouragement is an important topic in the Bible. Think back to a time when someone encouraged you at just the right time.
2. Was it something they said or did? How did it impact you?
3. How does discouragement impact you and how do you deal with it?
4. In Hebrews 3:13 the author gives a specific reason for encouragement, what is it?
5. King David dealt with a lot of discouragement in his life, how did he handle it?

See 1 Sam. 30:1-6 and Psalm 42

6. Jeremy gave us five questions to help us THINK through how to encourage one another:

T Is it True?

H Is it Helpful?

I Is it Inspiring

N Is it Necessary?

K Is it Kind?

7. Which one comes easiest for you?

8. Which one is the most difficult?

9. Is there an issue in your life today that you could use some encouragement on? Would you be willing to share it?

Spend time specifically praying for one another asking for the Lord's provision of encouragement for any who are discouraged.

This week, look for ways to be a Godly encouragement to someone.

